



## CHOOSING YOUR MAJOR & CAREER

### EDCP108C: Choosing Your Major and Career

1 Credit (*Restricted to students with 60 credits or less*)

Figuring out what to study and work on is a hard problem, and one that you will be trying to solve multiple times in your life as you grow and evolve. The “Choosing Your Major and Career” course is a guided self-discovery experience where you learn more about yourself, the fields you are interested in, and the supporting tools and frameworks that you can come back to throughout your life when evaluating your professional goals.

During the semester, you will engage with course content, work with your classmates, and complete projects and reflections to gain a deeper understanding of what drives you, what you are good at, and which majors and careers align with those interests and skills. You will also participate in three one-on-one coaching sessions.

#### Fall 2022

SQH 1121

Jessica Roffe

M 2PM-2:50PM

Online

Allynn Powell

Th 3PM-3:50PM



[CLICK HERE TO REGISTER](#)

**Need more information about the class?**

**Email us at [IntentionalLifeLab@umd.edu](mailto:IntentionalLifeLab@umd.edu)**



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**Learn more about the Intentional Life Lab at the University of Maryland:**

[www.IntentionalLifeLab.org](http://www.IntentionalLifeLab.org)